

**Concussion**

The ECB has issued guidance on the recognition and management of concussion. Detailed guidance and the most current information is available on the ECB website at https:// www.ecb.co.uk/concussion-in-cricket.

* All concussion needs to be taken seriously and anyone suspected of a concussion/ head injury will require a formal medical assessment.
* If there are any concerns, Herefordshire Cricket remove the child from the field of play and be clear medically before they can return.
* The player who is concussed is often not ‘knocked out’ but merely might seem slightly off-kilter, it can therefore be difficult to recognise a concussion. In these situations, an umpire should seek medical advice/instruction. Similarly, a coach should not expect a player to return to play unless he has been given the all-clear.
* Once a concussion is diagnosed, the brain takes time to recover, just like any other injury. It needs rest and then it will take six days for a graded return. This means they will not play any subsequent part in the game.
* The player will need to undergo a graded return to play.
* Umpires who are concerned should call the qualified first aider out on the field even if the player suggests they are ok
* If the player sustains a concussion or has a suspected concussion this can require 15 minutes to assess. Thus, if they are the last batsman, the innings will end